



## EASTERN CANADA

# Motor Maids Inc.

Version 24, Edition 1, March/April 2010

### District Director:

Dora C. Cook, Lanark 2008

### Assistant District Directors:

Laurie Esseltine, Kingston 2007  
Nancy Andrussek, Ottawa 2010  
Bonnie Jacklin, Wingham 2010  
Heidi Roy, Golden Horseshoe 2004  
Dale Smilie, GTA 2008

### Safety Officer:

Jean Hutcheon 2008

### Past Ass't Directors:

Sue Bools- 2005-2009  
Corey Pullman 2004-2009  
Nancy Maloney, 2001-2005  
Joan Appleton, 2000-2004

### Past District Directors:

Lynn Cox, 2003-2007  
Audrey Stargratt, 1995-2002  
Connie Ray, 1992-1994  
Sandra Clarke, 1990-1992

### Past Provincial Director:

Linda Harris, 1981-1988

### Past State Director:

Audrey Alexander, 1949 -1953

### Motor Maid National Executive Directors:

Vice President  
Dorothy Seabourne, 2005- 2006  
Lise Sculland, 1996 – 1999

### Advisory Editor:

Lynn Cox, 2008

### ECN Web Editor:

Bev Hannington, 2008

### Historian:

Linda (Williams) Harris 1987-1995  
Dorothy Seabourne 1996

### Cdn. Hall of Fame Inductee:

Audrey Alexandre 2008

## *A message from the District Director*

Hello Eastern Canada Motor Maids! Spring is in the air and I can hear some of your engines starting. In fact, the race was one this year between the Golden Horseshoe and Kingston area riders. I think Lou Larocque from Kingston, Ontario and our newest member came out of the gate first! That a way to show us how it's all done Lou!

I started my bike up a few weeks ago, but, I had to wait until the neighbours were up. At 11:30 am I couldn't stand it anymore so I let her rip! Passersby's just smiled at me and of course I smiled from vroom to vroom! My neighbour brought his buddy over to look at the bike. What a great way to meet your neighbours eh?

I think though I'm going to wait until the sand and salt is off the roads and the streets level off before I get out there for a ride. I'm looking forward to riding with my Motor Maid sisters this year. The calendar is full.

The Spring Potluck at Dorothy's was a great success. We appreciate going to Dorothy's. There is always great food; great laughs and we get to see our American sisters too. They are a hoot!

If you haven't already heard, Dorothy Seabourne has written a book about her riding experiences and riding friends along the way. You can pick up an autographed copy by emailing her at [dorothyseabourne@yahoo.ca](mailto:dorothyseabourne@yahoo.ca).

We finalized and added to our plans for 2010. And as usual, I got you thinking about 2011. Couldn't help myself! The calendar will be finalized and will be put into the website at [www.ecnmotormaids.ca](http://www.ecnmotormaids.ca). If you don't have your user name and password, please contact Bev at [gumby325@sympatico.ca](mailto:gumby325@sympatico.ca).

Here is a snap shot of this years events:

Friday, May 7	Flag Exchange, Calais, Maine
Friday, May 7	International Female Ride Day, Kingston, Ontario
Saturday, May 8 <sup>th</sup>	Mother's Day Brunch, Links OTay Golf Course, Perth, Ontario \$23 each.
Sunday, May 9 <sup>th</sup>	Experienced Riders Course, Ottawa, Ontario
Sunday, May 30 <sup>th</sup>	Ride for Dad, Kingston, Ontario <a href="http://motorcycleridefordad.org/">http://motorcycleridefordad.org/</a>
Sunday, May 30 <sup>th</sup>	Experienced Riders Course, Peterborough, Ontario
Sunday, May 30 <sup>th</sup>	B.A.D Ride <a href="http://www.thebadride.com">http://www.thebadride.com</a>
June 7-12	Americade
Sat. June 5 <sup>th</sup>	Ride for Dad, Ottawa, Ontario <a href="http://motorcycleridefordad.org/">http://motorcycleridefordad.org/</a>
Sat. June 5 <sup>th</sup>	Hebeler's, Pendleton, Buffalo Ladies Demo Days
Sun., June 6 <sup>th</sup>	Crime Stoppers Ride, Peterborough, Ontario
Sat. June 12	Ride for Dad, Durham, Ontario <a href="http://motorcycleridefordad.org/">http://motorcycleridefordad.org/</a>
Sat. June 13	WROAR 6 <sup>th</sup> Annual Toronto Rape Crisis Ride
Sun. June 19	Ride for Dad, Golden Horseshoe, Ontario <a href="http://motorcycleridefordad.org/">http://motorcycleridefordad.org/</a>
Tues. July 6-8	Motor Maid Convention, Cody, Wyoming
July 30 – Aug 2	Eastern Canada/Atlantic Canada Rally, St. Andrews, New Brunswick
Aug 1 – 27	10 <sup>th</sup> Ann Ride for DAD, coast to coast <a href="http://motorcycleridefordad.org/">http://motorcycleridefordad.org/</a>
Aug. 11-15	MCCWomen'sCongress, Huntsville, Ontario
	<a href="http://www.motocyclisme.ca/mcc/index">http://www.motocyclisme.ca/mcc/index</a>
Aug 21-22	Canada 911 Ride

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Aug 20-23  
Aug. 28  
Sept 10-12  
Fri. Sept 24  
Sat. Nov 26

TT Races, Peoria, Illinois  
Dale and Chris's BBQ and rodeo events.  
Fall Meeting, High Country Lodge, Madawaska, Ontario  
York Bike Night  
Winter Meeting, Stouffville, Ontario

Have a fun summer everyone, Ride Safe!  
*Dora Cook, District Director, Eastern Canada*

## *New Members*

If you know of anyone interested in the becoming a Motor Maid, please have them contact myself at [dora.cook@hotmail.com](mailto:dora.cook@hotmail.com) for more information and an application form. Every member that signs a new member receives a Motor Maid charm.

## *Upcoming Convention* July 5<sup>th</sup> – 8<sup>th</sup>, 2010 Cody, Wyoming

Book your room today. Call the Buffalo Bill Village Resort in Cody, Wyoming has something to offer for everyone. You have a choice of Holiday Inn, Comfort Inn or Buffalo Bill Cabin Village. You can reserve your room by calling our toll free number 1-800-527-5544 or visit their website at <http://www.blairhotels.com>.

## *News from the National Office*

Make sure your *dues* are up-to-date. Your *dues* are payable on your anniversary date of joining and are to be sent directly to the treasurer Patti Kientz. You will not receive any notice of this so check your membership card for the expiry date. Don't let it slip by; you can always pay in advance. Keep your membership in good standing and get this little task done and out of the way today! **New Address** for Treasurer and Membership Secretary: Motor Maids, Inc. PO Box 1654 Toccoa, GA 30577 Please send all new member applications and all dues payments to this address. LuAnn Boger, Membership Secretary and Patti Kientz, Treasurer

***Membership dues may now be paid through PayPal. Log onto [www.motormaids.org](http://www.motormaids.org) and register.***

## *Cdn. Motor Maids – [www.ECNMOTORMAIDS.CA](http://www.ECNMOTORMAIDS.CA)*

This ECN Website is designed to enable communication among the Eastern Canadian Motor Maids. The site can be used as a forum to post messages, events, photos and necessary information for all members of the ECN Motor Maids. Please keep messages to Motor Maid business only. In order to join you must be a Motor Maid in Eastern Canada. To sign up for the forum enter the calendar and create a password for you.

## *2010 ECN Motor Maid Events- stay tuned for details*

Spring Planning Meeting, March 20<sup>th</sup>, Sherkston  
International Female Ride Day, Friday, May 7<sup>th</sup>,  
Mothers Day Brunch, May 8<sup>th</sup>, Perth  
Ride for Dad, May 30<sup>th</sup> Kingston  
Ride for Dad, June 5, Ottawa  
Weekend to end Breast Cancer, June 5-6, Ottawa  
Dot Robinson Ride, June 13<sup>th</sup>  
Annual Convention, Cody, Wyoming July 6-8th

Eastern Canada and Atlantic Canada Rally, Civic Holliday, July 30 – Aug 1<sup>st</sup>  
Int'l Women's Riders Congress, Huntsville, Ontario Aug 11-15  
Dale Smillie's, BBQ August 28<sup>th</sup>,  
Canada 911 Ride, August 21  
Fall Meeting, September 11th  
York Bike Night, September 24th  
Winter Meeting, November 27<sup>th</sup>

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## *Feature Article of the Month- Being a Motorcycle Instructor*

By: Susan Duncan- Instructor Ottawa Safety Council

I've always wanted a motorcycle, but in my younger days, my mother discouraged the idea. They were too dangerous. I still managed to ride as a passenger as much as I could but once I had a family that was all put on the shelf. Fast forward a bunch of years and a friend and I are taking a motorcycle course, and I've already bought my first bike.

I found the motorcycle course a lot harder than I thought it would be, but riding my new bike those first few times, I couldn't imagine riding without the course. The more I rode, the more the bug took hold. Yup, officially addicted.

Instructor friends noticed my enthusiasm and suggested that I might want to teach when I got a little more experience. Teaching offered the chance to continue learning, improve my riding skills, share the joy I get from riding and give something back. As soon as I met the minimum requirements, I signed up.

Like anything worthwhile, learning to teach and become an instructor wasn't always easy and I wondered if I could do it. That first year required that I give up a lot of my riding weekends, teach in the cold and rain, and the hot and dry. Some days my demos weren't as stellar as I thought they should be (the students wouldn't notice), or I'd not give enough instruction on which direction the next exercise was going to be done in (minor chaos easily fixed). My fellow instructors were helpful, encouraging and supportive. The students made it all worthwhile.

You don't always realize your impact on others, but invariably after the course there would be students who would come up to me and tell me how a word of encouragement here, or an explanation there, made a HUGE difference to them, and how happy they are now that they can do this riding thing. Last year I had students come up to me at local motorcycle shops and at ice cream stops on my own rides? They were riding, putting on the miles and loving it. They were thanking "me" for getting them there. I'm sure everyone who teaches anything, gets those moments, but they are the ones that make it all worthwhile. I know I wouldn't be out there riding without my instructors and its nice being on the other side helping the next group come through.

There are also other bonuses to being an instructor including extra training and instructor gear. This year our training included a day's dirt bike training. In other years instructors have done track days and other specialized instruction.

So, if you've ever thought about maybe teaching, let me know. With women making up 30-40% of students, we're always looking for more women instructors.

Susan Duncan  
Instructor Ottawa Safety Council



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## *This Month's Feature Motor Maid, Michele Murray*

When people ask how long I have been riding, my answer is forever.

Growing up in the townships of Kingston surrounded by boys on dirt bikes led me nowhere else but to ride. In the beginning, I would climb on the back of their bikes and ride for hours on the trails. I was probably 11 or 12. I soon tired of this and wanted to be the driver. The guys were pretty good and they taught me to ride. I was a quick learner and was soon riding all over the place. This came to an abrupt stop when riding with one of the guys led to a quick fall; I guess he thought it was payment for my ride. I stopped the bike and ordered him off as it was not worth that to me. He encouraged me back on the bike and refrained from allowing his hands to wander any further.

That was the end of riding for awhile until I was about 18 and bought my first bike. It was a 1976 AMF Harley Davidson 250. What a sweet ride! I remember the days when I would ride and guys on really big Harleys would make me stop because they wanted to check out my bike. I would ride for hours but always alone.

A few years later, I met Laurie. She had a bike and I started riding again. I rode a 1982 Seca 650 while Laurie rode a 1984 KZ 750. The bikes were old and not very comfortable and we had a young son at the time. Our rides were short and sweet but very enjoyable.

I went through a period when I questioned whether or not I would continue to ride. I did not feel safe or confident while riding and figured this was not be a good thing. This was about the time that Laurie bought a big bike and I figured I could just ride on the back of it. That lasted about one ride. By the time we made it to Napanee (about 20 minutes), I was so bored I was falling asleep. I thought to myself that this wouldn't do. I didn't see much of Laurie that summer as she rode all over the place. I didn't have a bike and I was not happy about it. In the spring of 2006, I bought a V-star 650, the bike of my dreams. I loved this bike and again became excited about the ride. Laurie and I rode a lot but did not cover any great distances.

In July of 2006, we were out for an evening ride and happened by the Ambassador Hotel. The parking lot was full of bikes. Laurie and I turned around and went back to check it out and imagine our surprise when we found out that all the bikes were ridden by ladies. We stopped and talked and knew before we left the parking lot, an hour later, that we would become Motor Maids.

As my comfort increased, I realized that I needed a bigger bike. In August 2006, I brought home my current bike, a V-star 1100 and it is the absolute bike of my dreams. This bike and the Motor Maids have brought so much to my life. I have made new long friends and have travelled places that I never dreamed I would. My last trip across America to Colorado was the most amazing of all. It all seemed so daunting when we first began the discussion and made the decision to go. I am not sure why it happened or even what it was but as we crossed the Mississippi River into Missouri, I started to smile. That was when I realized that I was travelling across the country. The smile lasted all the way out there and back, until I pulled off the 401 and made it home. I felt so empowered and I realized that nothing was beyond my grasp, especially when I have the Motor Maids and my motorcycle. I look forward to my ride to convention in Cody, Wyoming.



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## *Local Area Scheduled Events – Everyone Welcome!*

### *Dale Smillie A.D.D. (Greater Toronto Area)*

You can meet up with Dale every month for breakfast at the Butterarts'n'more Family Restaurant west of Lindsay on Hwy # 7 on the 4th Sunday of the month starting the 28th Feb at 10:00. Call Dale Smillie or e-mail her at [dalesmillie@rogers.com](mailto:dalesmillie@rogers.com)

### *Bonnie Jacklin A.D.D. (Wingham & Area)*

The Western Ontario area group meets regularly. For details of meeting and rides please contact Bonnie at [mikbon@bmts.com](mailto:mikbon@bmts.com)

### *Nancy Andrusek A.D.D. (Ottawa)*

The Ottawa area meets the second Saturday of the month. For more details contact Nancy Andrusek at [nancy\\_nanski@yahoo.ca](mailto:nancy_nanski@yahoo.ca)

### *Laurie Esseltine, A.D.D. (Kingston)*

Kingston Motor Maids meet every third Sunday of the month at 11am for brunch. Location varies. Please contact Laurie at [laurie@ecnmotormaids.ca](mailto:laurie@ecnmotormaids.ca) or call 613-329-5559 for more information.

### *Heidi Roy, A.D.D. (Golden Horseshoe)*

The Golden Horseshoe gang meets every 3<sup>rd</sup> Sunday. Summer location is at Barangas on the Beach - May to October at 9 a.m. - 380 Van Wagner's Beach Rd., Confederation Park, Hamilton, ON 905-544-7122 [www.barangas.ca](http://www.barangas.ca)



## **Happy Birthday Wishes for to:**

### **March**

Bev Hannington, Vicky Job, Colleen Nolan, Carine Risberg,  
Dorothy Seabourne, Caren Weinstein

### **April**

Lesli Forrester, Sandra Hinksman, Jean Hutcheon, Bonnie Jacklin,  
Sharron Nichols, Marianne Pope, Connie Ray, Dora Cook  
Nicole Tetrault, Shelly Vollmer

Please let us know if we forgot anyone!

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